



AHA Team Training

Improving Health Outcomes for Older Adults Through Age-Friendly Health Systems

August 7, 2024

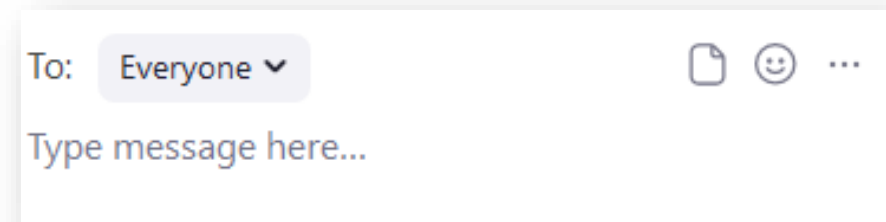


AHA CENTER FOR HEALTH

INNOVATION

Rules of Engagement

- **Audio for the webinar can be accessed in two ways:**
 - Through your computer
 - Or through the phone (*Please mute your computer speakers)
- **Q&A session will be held at the end of the presentation**
 - Written questions are encouraged throughout the presentation
 - To submit a question, type it into the Chat Area and send it at any time
- **Other notable Zoom features:**
 - This session is being recorded, the chat will not be included in the recording
 - Utilize the chat throughout the webinar. To chat everyone, make sure your chat reflects the picture below:



Agenda

- Welcome & Introductions
- Age-Friendly Health Systems
- Overview of Action Community
- Riverside Health Case Study
- Q&A
- How to Join the Action Community

What does Age-Friendly mean to you?



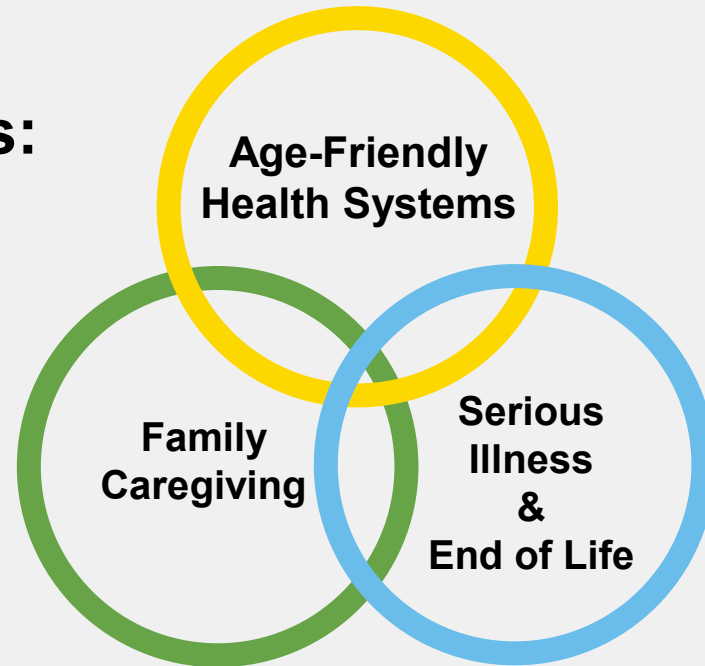
Please share in the chat box.

The John A. Hartford Foundation

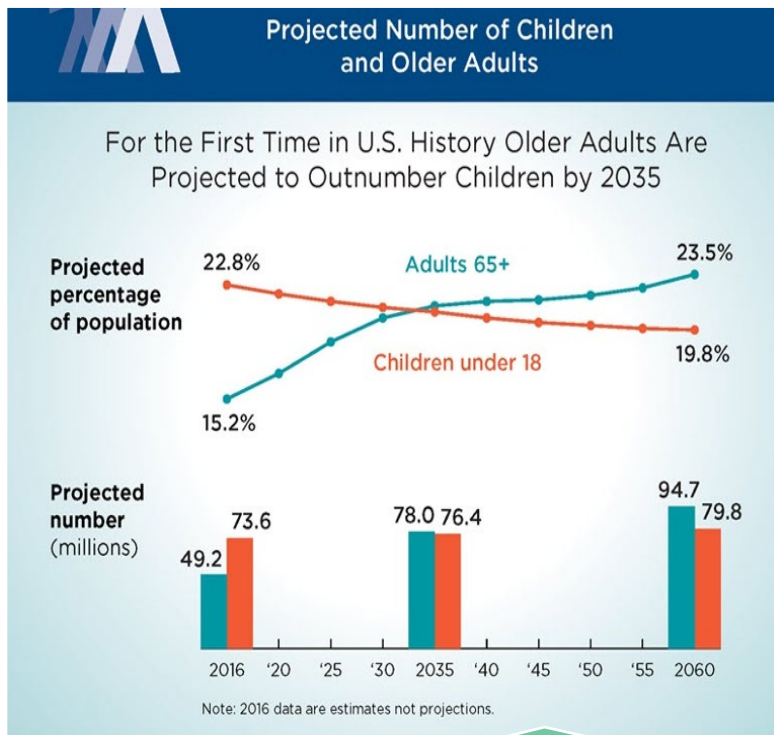
A private philanthropy based in New York, established by family owners of the A&P grocery chain in 1929.

Dedicated to Improving the Care of Older Adults

Priority Areas:



Why Age-Friendly Health Systems?



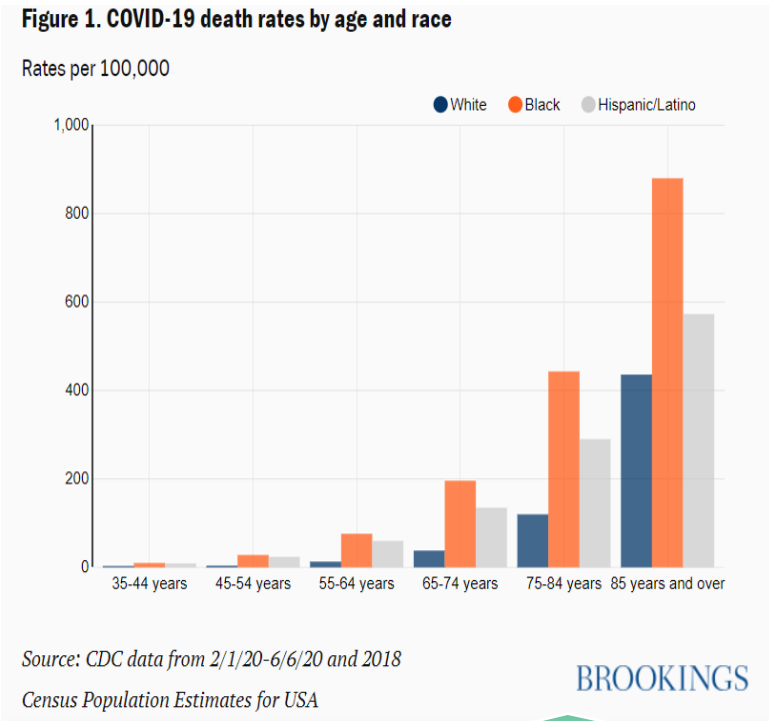
Demography

Fast Facts: Adults Age 65 and Older

- 80%** Have 1 chronic condition
- 77%** Have 2 chronic conditions
- 75%** Will require long-term care
- 40%** Will require care in skilled nursing facility

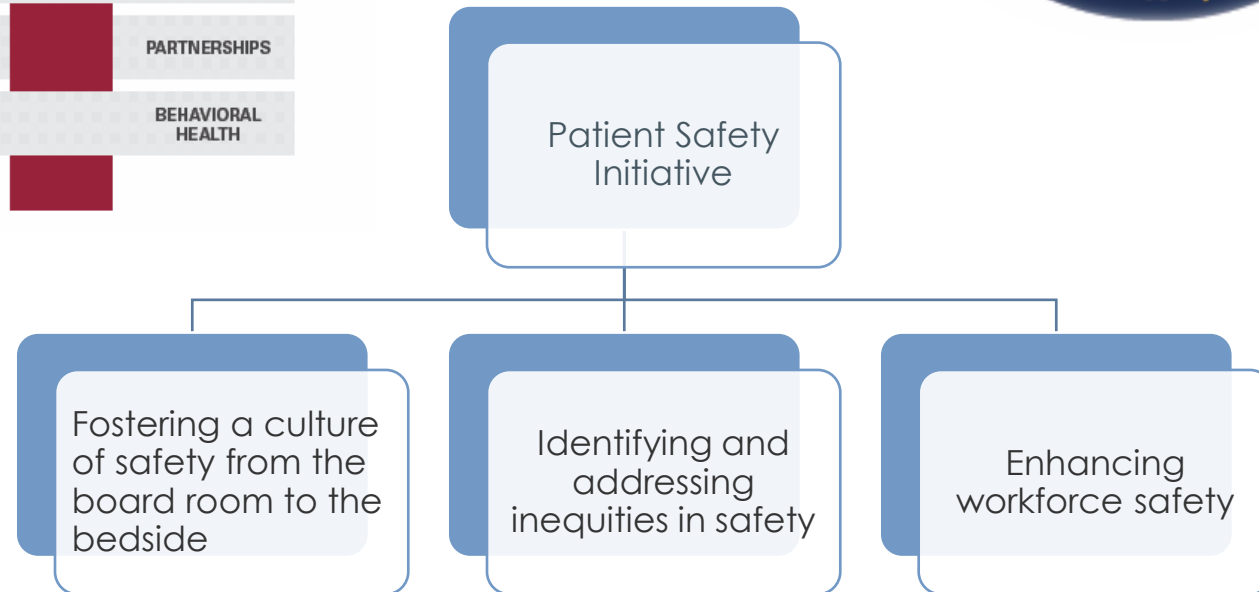
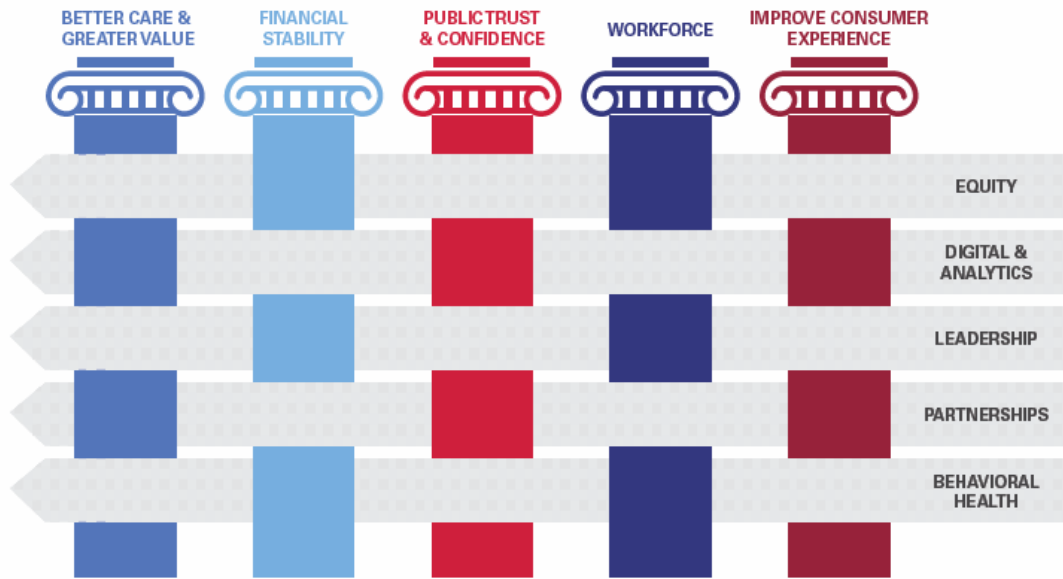
Source: Fact Sheet: Healthy Aging. National Council on Aging. (2016). Accessed at www.ncoa.org/resources/fact-sheet-healthy-aging/; U.S. Department of health and Human Services. (2018). National Clearinghouse for Long-Term Care Information. Accessed at longtermcare.acl.gov/the-basics/.

Complexity



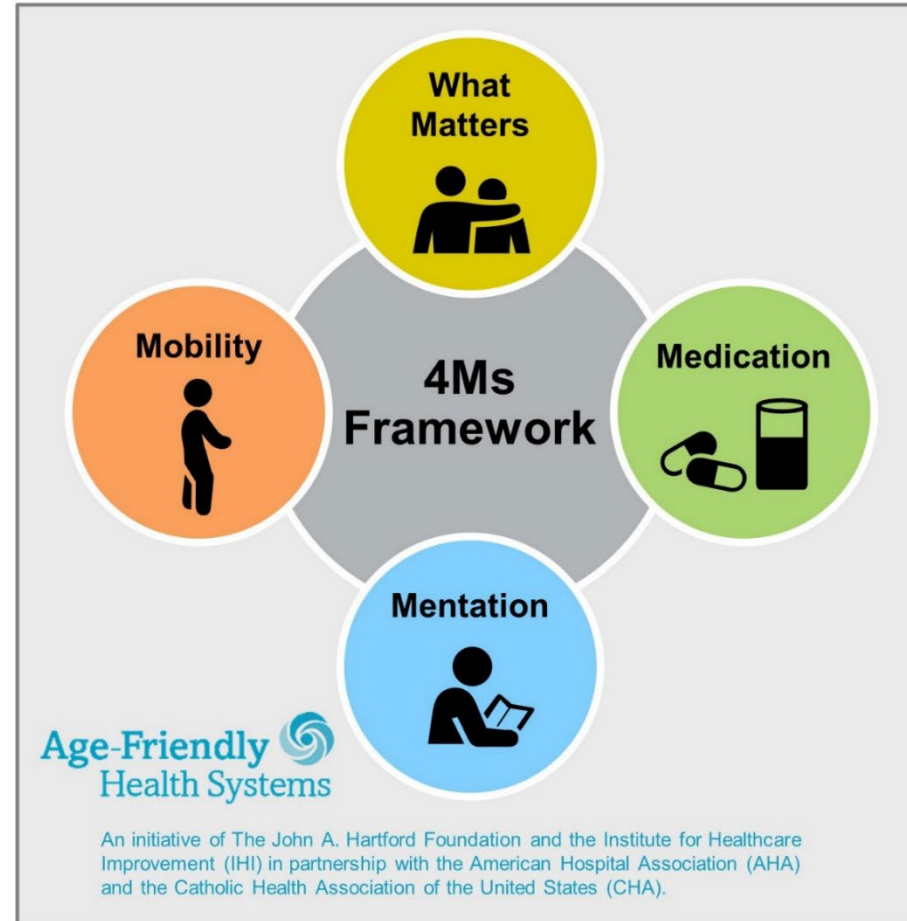
Disproportionate Harm

The Big Picture



What is an Age-Friendly Health System?

- Represents core health issues for older adults
- Builds on strong evidence base
- Simplifies and reduces implementation and measurement burden on systems while increasing effect
- Components are synergistic and reinforce one another



For related work, this graphic may be used in its entirety without requesting permission.
Graphic files and guidance at ihi.org/AgeFriendly

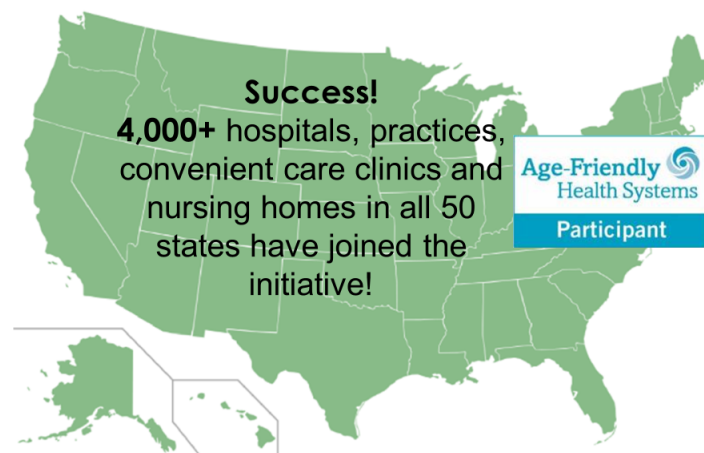
What is Our Goal?

Build a social movement so **all care** with older adults is **age-friendly care**:

- Guided by an essential set of evidence-based practices (4Ms);
- Causes no harms; and
- Is consistent with What Matters to the older adult and their family.

A Goal Met and a Growing Movement!

Goal #1 Achieved:
**Spread to 1,000 sites by
end of 2020**
Goal #2 Achieved:
**Spread to 2,600 sites by
June 2023**



As of July 2024



Overview of Action Community

Age-Friendly Health Systems is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI) in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA).

Age-Friendly Action Communities

In an Action Community, teams from across different organizations come together to accelerate their work of putting the 4Ms into practice. During the 7-month virtual learning community, your team will test the 4Ms Framework and share learnings.

- Multiple sites of care within an organization can join at the same time
- No cost to participate. The cost of participation includes the time teams must allocate to engage in the 7 month Action Community activities
- The Action Community testing and learning is designed to occur as part of each person's existing activities and is, therefore, a re-purposing of time

Pioneers



Engage in the AHA Action Community



Participate in monthly interactive webinars

- Monthly content calls focused on 4Ms
- Opportunity to share progress and learnings with other teams



Attend the Virtual Convening

- Virtual learning event held February 26th and February 27th



Test Age-Friendly interventions

- Test specific changes in your practice



Share data on a standard set of Age-Friendly measures

- Submit a 4Ms Care Description worksheet to IHI on a standard set of processes to identify opportunities for improvement



Join monthly topical coaching sessions

- Join other teams for measurement and testing support in monthly coaching sessions

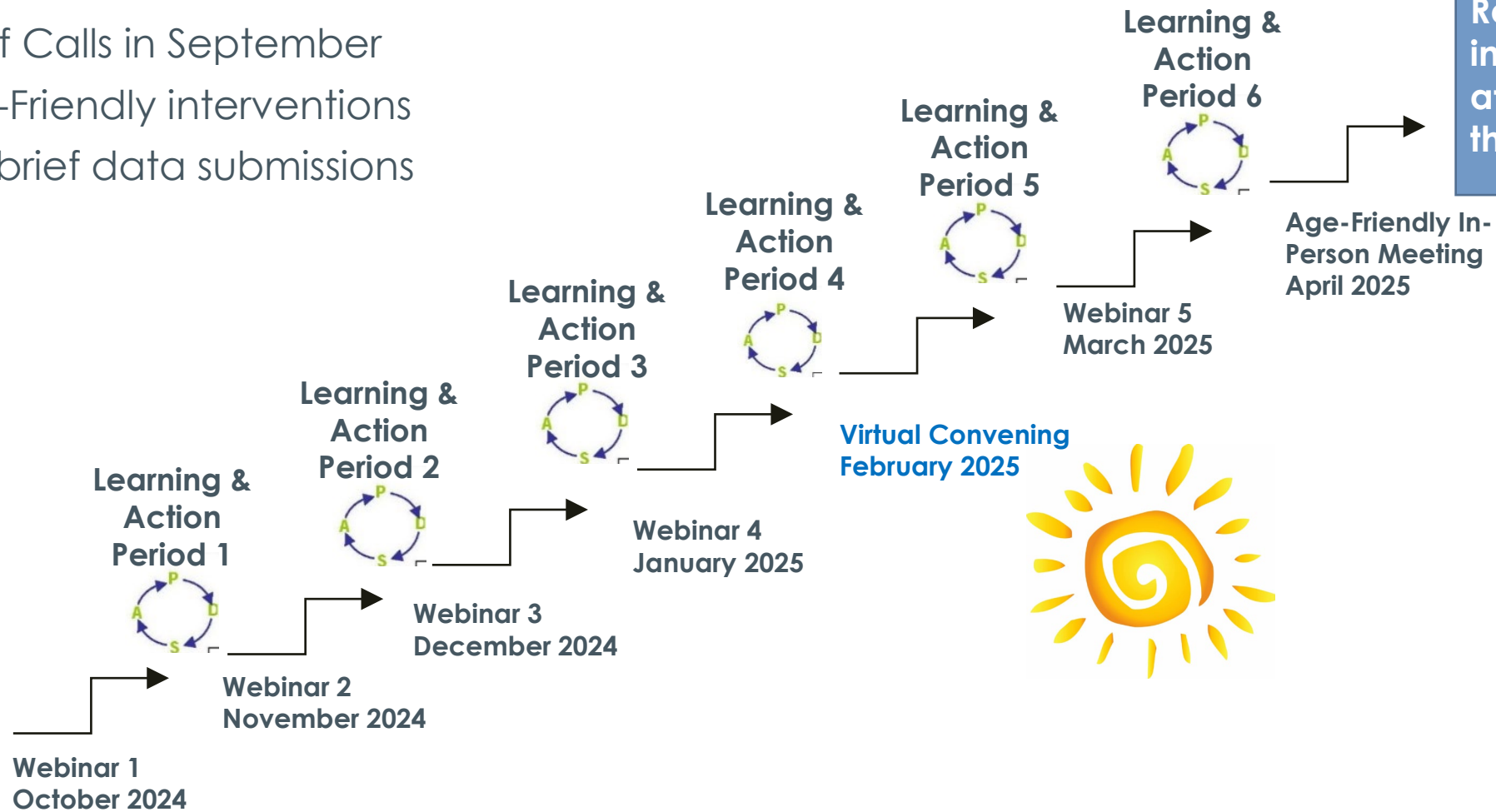


Age-Friendly
Health System
Action
Community

AHA Action Community Activities



- 2 Kick Off Calls in September
- Test Age-Friendly interventions
- Monthly brief data submissions



Some of the 4Ms sometimes with some older adults

← Monthly Webinars and Topical Coaching on Measurement and Changes →

7 Months

Save the Date!

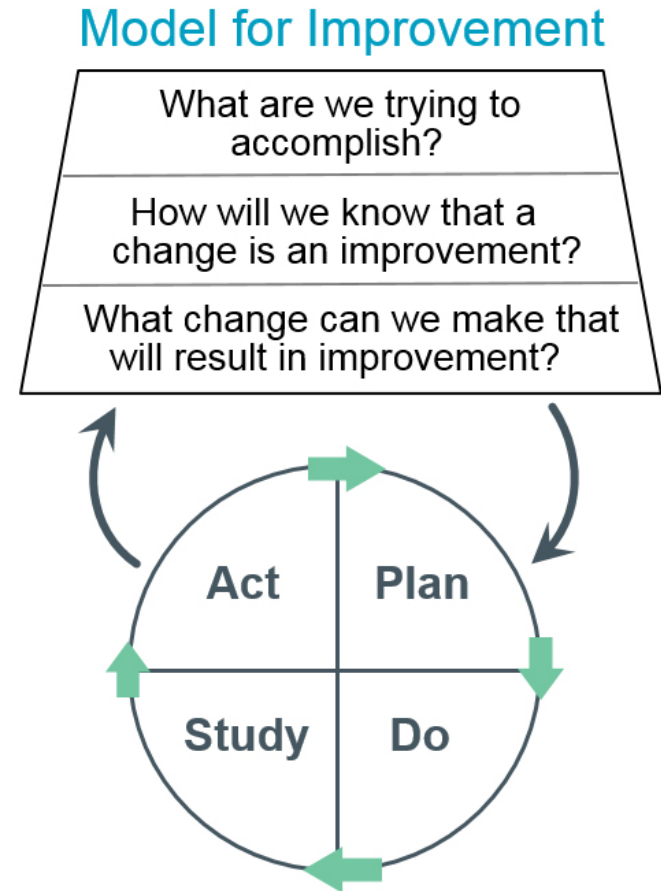
AHA Age-Friendly In-Person Meeting

Quarter 2 - 2025

Chicago, Illinois

What's the Work of Each Participating Team

- Know where and how the 4Ms are already in practice and secure leadership support and commitment
- Define what it means to provide care consistent with the 4Ms
- Design/adapt your workflow to deliver care consistent with the 4Ms, including how you will assess, document and act on the 4Ms
- Provide care consistent with the 4Ms
- Study your performance. Measure and share – how reliable is your care? What impact does your care have?
- Improve and sustain care consistent with the 4Ms and share learnings with others



Age-Friendly Health System Recognition

An Age-Friendly Health System...

- **Defines** the 4Ms for its hospital and/or practice
- **Counts** the number of 65+ people whose care includes the 4Ms (reported by each site)
- **Scales** the work and **celebrates** recognition nationally



Resources

www.ihl.org/AgeFriendly



REPORT

The Business Case for Becoming an Age-Friendly Health System

This content was created especially for:

Age-Friendly Health Systems

An initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI) in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA).



Age-Friendly Health Systems Inpatient Financial Calculator Instructions

The Business Case for Becoming an Age-Friendly Health System

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Age-Friendly Health Systems Outpatient ROI Calculator Instructions

The Business Case for Becoming an Age-Friendly Health System

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Age-Friendly Health Guide to Using the 4L Care of Older Adults

April 2019

This content was created especially for:

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An initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI) in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA).



TOOLKIT

“What Matters” to Older Adults?

A Toolkit for Health Systems to Design Better Care with Older Adults

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Outcomes from the Field

Cedars-Sinai Medical Center

Length of stay in the hospital was cut **11%**, down to **4.5 days**

Program saved **\$330,000 in direct costs** its first year, when it served 153 patients.

Annual savings of about **\$1 million** are projected.

Atrium Health - Mercy

Decreased fall rate from **2.5 to 1.4**

Saw a cost avoidance of over **\$167,000**

Decreased length of stay from **12 to 7.6 nights**

Providence St. Joseph Health

Launched a Geriatric Mini-Fellowship to train provider champions. As a result clinic patients:

-**2x** as likely to be screened for fall risk and cognitive impairment

-Saw **3% reduction** in high-risk medication upon seeing a fellow

-**2%-7% decrease** in hospitalizations for patients seen by fellow

More than **3,000,000** older adults have been reached with 4Ms care

AHA has been very supportive and encouraging to stay on the journey- even if our initial start for interventions were delayed because of COVID-19 **Middlesex Health**

"...Screening [using] 4Ms is so powerful in finding patients who may benefit from services with geriatric principles." **Asan Medical Center, South Korea**

Focusing on what matters to the patient has been eye opening. It reminds us all to focus on the patient as a whole and what is important to them, which is often times motivating to the patient. - **Coffee County Hospital**

Join AHA Action Community 2024-2025

- **Join and get your Age-Friendly Recognition. It's FREE**
- **AHA AFHS Action Community is from September 2024 – April 2025**
 - Starts Mid-September with 2 Kick off Calls
 - Starting October
 - Monthly all-team webinars
 - Sharing testing and learnings on peer to peer calls
 - 1:1 coaching calls
 - Celebration of joining the movement!
- **Download [AHA's Invitation Guide](#)**
- **Visit aha.org/agefriendly to learn more**
- **Email ahaactioncommunity@aha.org with any questions or to set up a 1:1 coaching call.**

Enroll Today



Age-Friendly
Health Systems



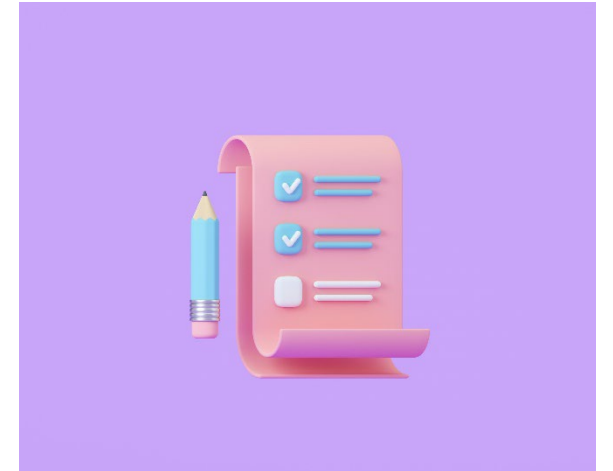
Age-Friendly Health Systems Approach within Riverside Health System, Virginia

Presented by:
Christine J. Jensen, PhD
Elisa Lemmon, RN, MSN

8/7/24

Goals for this Webinar

- Our approach within our healthcare system
- Role of the Action Community
- Achievements
- Challenges and lessons learned
- Examples of our reports
- Next steps



Hospital Background



Opened in May 2013



Licensed for 40 private rooms – 33 medical / surgical rooms and 7 intensive care rooms



Full-service Emergency Department with 12 private patient rooms



Surgical services feature 3 operating rooms, 2 procedure rooms, 8 pre-op and recovery rooms and 12 private patient recovery rooms dedicated for GI patients.



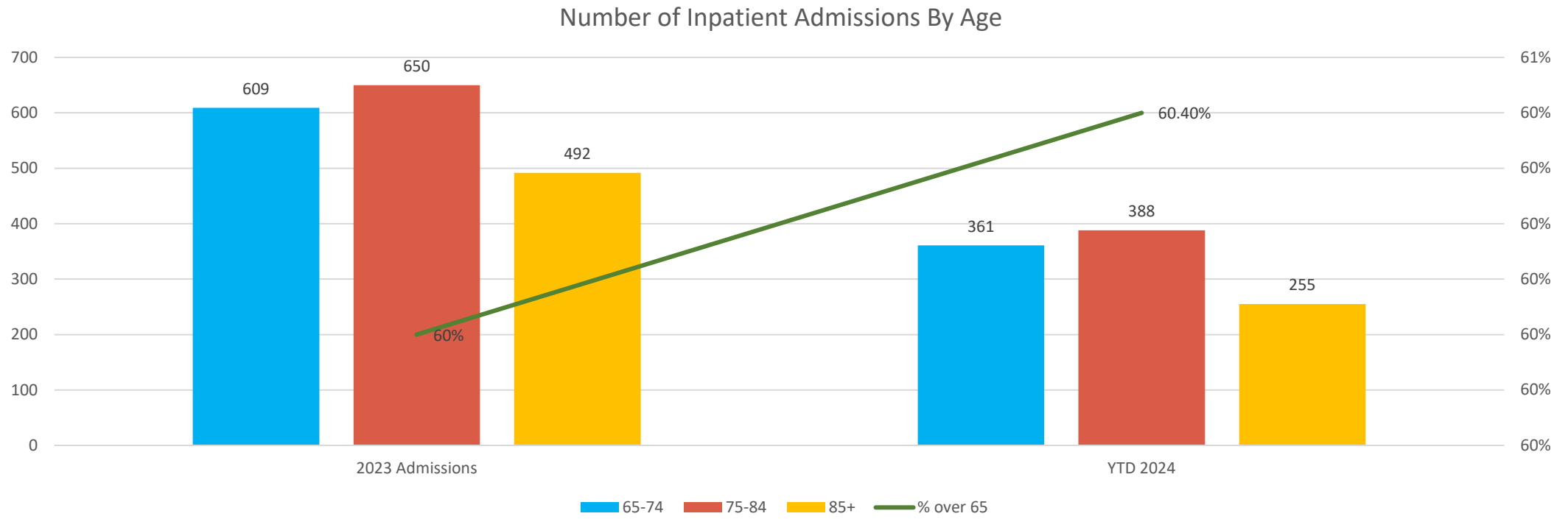
Around 300 employees
~175 nursing employees
(RNs, CNAs, Techs)



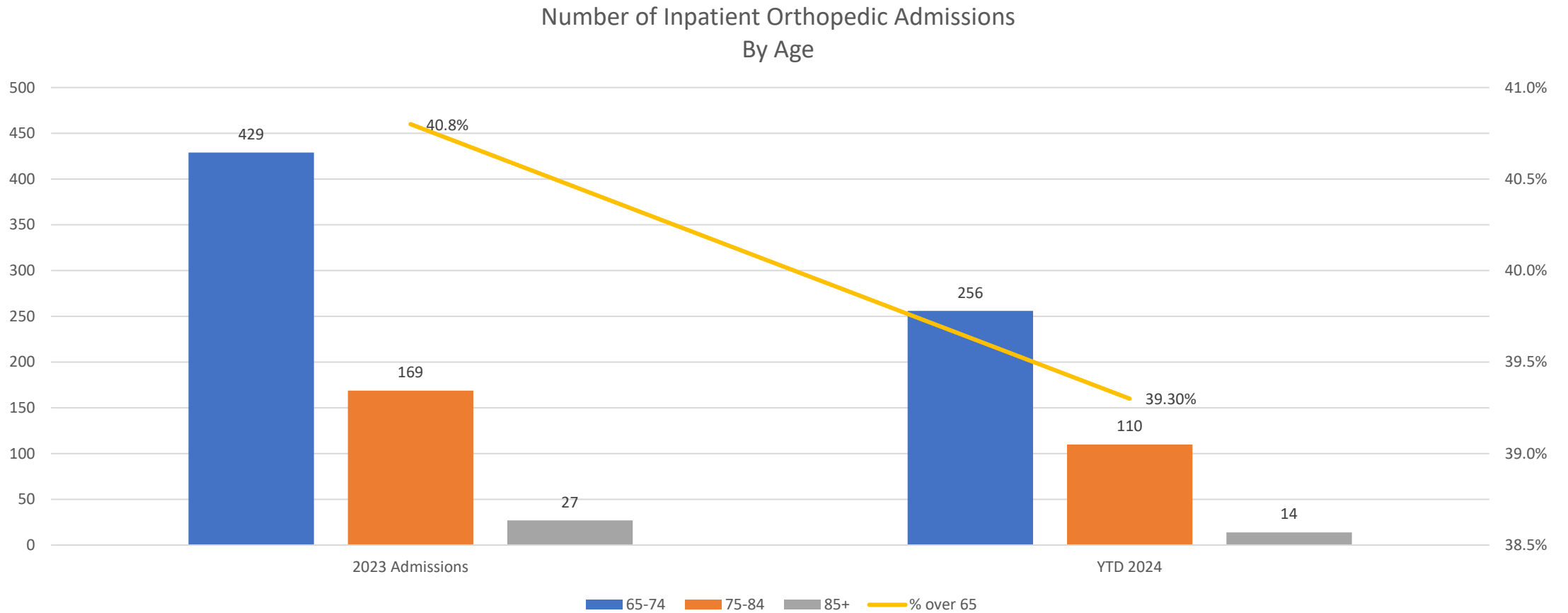
Riverside Doctors' Hospital Williamsburg
1500 Commonwealth Avenue
Williamsburg, Virginia



Admission Demographics: 2023, 2024



Number of Inpatient Orthopedic Admissions By Age



Steering Committee



Our Approach and Process

- Summer 2022: Health system leaders were interested in AFHS process
 - Martha W. Goodson Center and Riverside Doctors' Hospital Williamsburg teamed up to move forward
 - August 2022: Joined the AHA Action Community
 - Engaged September 2022-April 2023
 - Noted more than 125 sites were registered representing 30 states
 - Determined our focus on inpatient/medsurg unit designation
 - Identified Hospital Champion, Steering Committee, and Co-Chairs
 - Joined Sharepoint page
 - Invited all members of Steering Cmte to Action Community Activities
 - Included kick-off, team webinars, and peer coaching
 - Engaged in webinar and peer coaching chats
 - Reached out to AHA to request individual sessions

What We Learned in the Action Community

- Registered sites represented large and small hospitals, healthcare systems, primary care, etc.
 - Map on AHA site shows other sites in Commonwealth of Va
 - Many were using Epic
 - There was acknowledgement that most sites are already engaged in age-friendly care
- Provided explanation of process and how to complete required documents and submit
 - Proposed timelines for submitting documents

Timeline of Achievements

- Oct 2022: Compiled RDHW demographics
- Jan 2023: Coaching call with AHA team
- February 2023: Invitation to present at AFHS Convening
- March 2023: Submitted Care Description
 - Received Notice of Level 1 Designation on March 24th
 - IHI is thrilled to recognize Riverside Health System - Riverside Doctors' Hospital Williamsburg as an ***Age-Friendly Health System Participant***. **Age-Friendly Health System Participants** are recognized for being on the journey to becoming an Age-Friendly Health System and have submitted a description of how they are putting the 4Ms into practice. Our founding partners, The John A. Hartford Foundation, Institute for Healthcare Improvement, American Hospital Association, and Catholic Health Association of the United States applaud you.
- April 2023: Invitation to present at AFHS Recognition-a-thon



Celebrating Level 1 Designation

- June 2023: Vital Signs article, *Virginian Pilot* article same week
- August 2023: Opportunities
 - Huddles
 - 4M cart



Timeline of Achievements (cont.)

- August - October 2023: Collect 3 months of data
 - Focused on patients 65 and older receiving orthopedic care
 - Monitored the 4 Ms designated in the Care Description
 - Created new reports in Epic
- December 2023: Submitted Level 2 documents and spreadsheets
- January 2024: AHA requested additional information
- March 2024: Resubmitted Level 2 documents and spreadsheets
- April 2024: Received notice as Level II Committed to Care Excellence Partner
- June 2024: Prepared certificate with AHA approved logos, for hospital display

Required documentation for nursing

The screenshot displays a dashboard with four panels. The top-left panel, 'Required within 4 Hours of Admission', shows 7 completed tasks, with 'Delirium CAM' and 'Fall Assessment' highlighted in red boxes. The bottom-left panel, 'Required within 24 Hours of Admission', shows 20 completed tasks, with 'BMAT' highlighted in a red box. The top-right panel, 'Required for This Shift', shows 2 overdue tasks and 11 upcoming tasks, with 'BMAT' and 'Delirium CAM' highlighted in red boxes. The bottom-right panel is empty.

Required within 4 Hours of Admission
07/31/24 2110 ⤴
Last Updated: 1738 Refresh
✔ **Completed (7)** ⤴
➤ Allergies Reviewed
➤ **Delirium CAM**
➤ **Fall Assessment**
➤ High Risk Exposure Screening
➤ Pain Assessment
➤ Patient's Pain Goal
➤ Travel Screening

Required within 24 Hours of Admission
07/31/24 2110 ⤴
Last Updated: 1738 Refresh
✔ **Completed (20)** ⤴
➤ ADL Assessment
➤ ADL Devices Assessment
➤ Advance Directives Assessment
➤ **BMAT**
➤ Beliefs Assessment
➤ CTRS/Behavior Risk Assessment
➤ Care Plan Started
➤ Discharge Planning Assessment




Required for This Shift ⤴
Last Updated: 1738 Refresh
🔴 **Overdue (2)** ⤴
➤ PO Intake
0700 - 1100
1100 - 1500
🟡 **Upcoming (11)** ⤴
➤ **BMAT**
0700 - 1900
➤ CTRS/Behavior Risk Ongoing Assessment
0700 - 1900
➤ Care Plan Documented
0700 - 1900
➤ **Delirium CAM**
0700 - 1900
➤ **Fall Assessment**
0700 - 1900
➤ Head to Toe Shift Assessment
0700 - 1900
➤ PO Intake
1500 - 1900
➤ Pain Assessment
0700 - 1900
➤ Patient Education Documented
0700 - 1900
➤ Patient's Pain Goal
0700 - 1900

Case Management – Patient’s Wishes/Story

DC Plan Flowsheet

Patient wishes to be discharged to	Home or self-care	Support Systems	Spouse/significant other
Who will patient reside with?	Spouse/significant other		

BMAT Flowsheet from required documentation

Bedside Mobility Assessment Tool		
 Contraindications	No	 
Level 1 Sit and Shake	Pass	
Level 2 Stretch	Pass	
Level 3 Stand	Pass	
Level 4 Step	Pass	
Bedside Mobility Score	4	

Delirium Flowsheet from required documentation

		8/1/2024		8/2/2024
Search (...)	1223	1943	2315	0700
Delirium Risk Screen				
What year i...				
What month...				
Any proble...				
Delirium ...				
Is Patient V...				
Is patient...				
Feature ...		Positive	Positive	
Feature 2: I...		Positive	Positive	
Feature 4: ...		Positive	Positive	
Overall CA...		Positive	Positive	
Is patient...		Yes	Yes	
Confusion Assessment Method-ICU (CAM-ICU)				
Feature 3: ...		Positive	Positive	
Delirium interventions				
Delirium Int...	Educate patient and family on...	Maintain safe environment by...		

BPA (Best Practice Advisory) Alert to Nursing/Providers/Pharmacy ordering medications on the BEERS list

Alternative Selection

Alternative Recommended

You selected:

diphenhydrAMINE (BENADRYL) injection 25 mg: 25 mg, Intravenous, Every 6 hours PRN, Starting today at 1748

Details

Diphenhydramine (BENADRYL) = **Geriatric precaution alert** (BEERS list) **AND/OR Delirium Risk Medication**. Review options below and select (click) an approved alternative(s) to order in the bottom frame.

References

- [AGS Updated Beers Criteria](#)
- [Delirium High Risk Medications](#)

For antihistamine effect:

Loratadine (CLARITIN) 10 mg PO DAILY

OR

Loratadine (CLARITIN) 10 mg PO EVERY OTHER DAY (if CrCl < 30)

Alternatives

Alternative	Details
<input type="radio"/> loratadine (CLARITIN) tablet (CrCl > 30)	10 mg, Oral, Daily
<input type="radio"/> loratadine (CLARITIN) tablet (CrCl < 30)	10 mg, Oral, Every other day
<input type="radio"/> tolterodine LA (DETROL LA) 24 hr capsule	2 mg, Oral, Daily

Continue with:

diphenhydrAMINE (BENADRYL) injection 25 mg: 25 mg, Intravenous, Every 6 hours PRN, Starting today at 1748

Accept Alternative

Remove Order

Next Steps

- Need process for promoting our status
 - June 2024: Press releases
- How does this impact patient care?
- Reminder to our team members that the AFHS approach is ongoing
- Exploring expansion to two additional hospitals
- CMS final rule (effective 2025): new CMS measure for hospitals to report on their delivery of age-friendly care
- Epic to integrate the 4Ms for ease in pulling out data

- Contact: Christine Jensen (Christine.Jensen@rivhs.com)



Discussion/Q & A



Learn what other organizations are doing around the nation to spread and sustain this work

Members in ACTION

BECOMING AN AGE-FRIENDLY HEALTH SYSTEM

MEMBERS IN ACTION CASE STUDY | Kent Hospital, a member of Care New England

Overview

In February 2019, Kent Hospital, part of Care New England, opened an Adult Care for Elders (ACE) unit to test and implement the Age-Friendly Health Systems 4Ms Framework. The unit focused on documenting what matters to the patient and implementing delirium screening and prevention plan on all patients. Since opening, the unit has seen a reduction in both length of stay and falls with injury, along with an increase in patient and staff satisfaction.

The mission of Care New England (CNE) is to be "your partner in health" and create a community of healthier people in the areas served by the health system's hospitals and partners. The 749-bed health system includes five hospitals, a medical group, and a wellness center.

Additionally, the Integra Community Care Network is an accountable care organization (ACO) formed

by CNE, South County Health and Primary Care Physicians Corporation, an independent practice association. CNE realized to do true population meet the needs of its older adults. Hospital in Warwick, R.I., where the health leadership teams have supported service and care to senior older adults. At the work line in a need was p. Hospital statist that more than 30% of hospital ad patients over the age of 65, and of were over 85. CNE's participation Health Systems initiative focused Care for Elders (ACE) unit at Kent.



Kent Hospital

Members in ACTION

BUILDING AN AGE-FRIENDLY HEALTH SYSTEM AND COMMUNITY WITH STRATEGIC PRIORITIES

MEMBERS IN ACTION CASE STUDY | Rush University Medical Center | Chicago

Overview

Since its launch in 2017, the Rush Center for Excellence in Aging (CEA) has pursued its mission to improve the health and well-being of older adults, families and communities, aligning with the Rush University System for Health's (RUSH) strategic priorities. RUSH's mission is to improve the health of individuals and diverse communities through the integration of outstanding patient care, education, research and community partnerships.

After learning about the Age-Friendly Health Systems initiative, the CEA completed the Institute for Healthcare Improvement's (IHI) self-assessment tool to find current programs and practices involving the 4Ms across the health system. The Age-Friendly Health Systems initiative is an evidence-based approach that focuses on the 4Ms framework — what matters, medications, mentation and mobility. Although the CEA discovered pockets of excellence and identified health care teams addressing some or all of the 4Ms, none were applied consistently or broadly. There were large opportunities to improve and scale up these practices, aligning with ongoing health system priorities for quality improvement and cost savings.

Recognizing the synergy of the Age-Friendly Health Systems initiative with RUSH's strategic plans and the

What Matters Most to you about your Health and Health Care?

CATCH-ON

priorities of the CEA, he begin implementation ar lives of older adult patien in the process, RUSH en

Approach

Shortly after conducting participated in the first A Action Community, host through March 2018, and RUSH to begin the jour the second action comm valuable skills that inform

RUSH staff approach ways:

Rush University Health System

Members in ACTION

HEALTHY TOGETHER CARE PARTNERSHIP EMBEDS AGE-FRIENDLY FRAMEWORK INTO PRACTICE

MEMBERS IN ACTION CASE STUDY | Banner Health System | Tucson, Arizona

Overview

Banner Health created its Healthy Together Care Partnership program in 2013 to provide patient-centered care to high-risk and vulnerable older adult patients. Six years later, the HTCP team joined the American Hospital Association's Age-Friendly Health Systems Action Community. That is when the Healthy Together Care Partnership, or HTCP, began its journey of embedding age-friendly care into practice. As a result, patient and provider satisfaction scores for patients who receive age-friendly care have increased, and costs have decreased. Promising outcomes related to emergency utilization also have been reported. The team is now working to spread its model for adopting age-friendly approaches throughout the health system.

Modeled on home-based primary care, HTCP serves Banner Health's adult, dual-eligible Medicaid and Medicare populations by providing evidence-based, high-touch, multidisciplinary care. This care includes in-home comprehensive health assessments, comprehensive medication management assessments, and short-term community-based case management.

Nebraska. "Making health care easier, so life is the mission and way of practice for Banner

Approach

Based in Tucson, HTCP has a team of eight: a manager, nurse practitioner, clinical pharmacist, case manager, behavioral health case manager, population health specialists. While the number of participants varies, the average ranges from 6 to 8 each case manager assigned approximately 20 participants who receive an assessment are of care based on their needs:

- no enrollment;
- care coordination that requires no more than two interventions;
- low level of care in which the case manager provides more than four brief interventions;
- medium level of care that warrants occasional provider visits; or
- high level of care in which the HTCP team

Banner Healthy Together Care Partnership

Age-Friendly Health Systems | Case Study

Hebrew SeniorLife

Institute for Healthcare Improvement

Background

Hebrew SeniorLife is a leading provider of senior care in the Boston area that has served the community for more than a century. Built on the Jewish tradition of honoring elders, Hebrew SeniorLife is open to residents of all faiths and backgrounds. The facility is affiliated with Harvard Medical School, and is home to the Marcus Institute for Aging Research. Through these partnerships, they have pursued a number of pilot studies and a focus on research and continuous improvement.

Hebrew SeniorLife is currently participating in a nursing home prototyping initiative sponsored by Age-Friendly Health Systems. Age-Friendly Health Systems is an initiative of IHI and The John A. Hartford Foundation, in partnership with the American Hospital Association and the Catholic Health Association of the United States. In Age-Friendly Health Systems, age-friendly care is defined as care that is based in the "4Ms": What Matters, Medication, Mentation, and Mobility (see Figure 1).

Figure 1. 4Ms Framework of an Age-Friendly Health System



Hebrew SeniorLife's executive leadership was seeking to be recognized as an Age-Friendly Health System, and they learned that IHI was launching a nursing home prototyping initiative to implement the 4Ms in senior care facilities. "There was great alignment" between the facility's goals and the aims of the initiative, said Sarah Sjostrom, Associate Chief Nursing Officer at SeniorLife.

Starting small and scaling up

Before the prototyping initiative, Hebrew SeniorLife was already doing a lot of work related to the 4Ms. For Medication, for instance, the clinical team was assessing appropriate use of antipsychotics and recommending gradual dose reductions. The pharmacist was simultaneously conducting resident reviews in order to make recommendations for reductions in polypharmacy. In addition, they offered activities and daily groups ranging from dance, men's and women's fitness groups, guest speakers, and guest performers, all of which address Mobility or Mentation or both. "We felt like there were pieces of the puzzle that were already in place," said Laura Hunt, Nurse Manager of the facility's second floor.

When they began the prototyping initiative, they started small. "We focused on one M with one resident," said Joe Rodriguez, Nurse Manager of the third floor. That was Mobility, with a wheelchair-bound resident. The team engaged physical therapy, and got her involved in a walking program, which provides assistance walking from her room to the dining room and back.

Over time, they branched out to implementing all 4Ms with five residents—engaging them individually to learn what mattered to them, especially in terms of the other 4Ms. Which groups did they want to join to reduce isolation and enhance mood in tackling Mentation? What exercises or activities did they enjoy that could enhance physical function when tackling Mobility? Gradually, they continued expanding to new residents, until they had reached all 14 of the residents in that unit, over a four-week period.

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Hebrew Senior Life

Age-Friendly Health Systems

Podcasts

Caring for the Caregivers of Older Adults



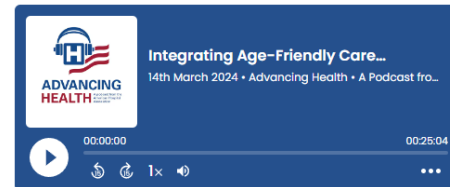
Diane Mariani, program manager at Rush University Medical Center, discusses the health system's Caring for Caregivers program, which offers resources and guidance to people who care for older adults while helping them better manage their own health and wellness.

[Learn More](#)

Integrating Age-Friendly Care in an Emergency Department With Sharp Grossmont



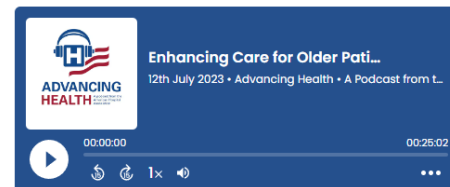
Julie Dye, clinical nurse specialist in geriatrics at Sharp Grossmont Hospital, discusses the journey of becoming an age-friendly emergency department through the support of hospital leadership, achieving staff buy-in, asking "what matters" to patients and leveraging community partnerships. Read the [case study](#) that highlights this work.



Enhancing Care for Older Patients with Age-Friendly Health Systems



Sonja Rosen, M.D., chief of geriatrics at Cedars-Sinai, shares updates on the organization's journey as an Age-Friendly Health System and describes a multidisciplinary approach to providing quality care for older patients amid workforce challenges. Rosen also discusses working with community partners to improve the health and well-being of older adult patients.



Geriatric Emergency Department; Improving Care



Cedars-Sinai Medical Center



Centering Care around "What Matters" to Patients



Supports for Age-Friendly in Nursing Homes

- AFHS Guide to Care of Older Adults in Nursing Homes
 - Detailed document designed for nursing home leaders and senior team members
 - Links to assessment tools, websites, and other document
- AFHS: A Workbook for Nursing Home Teams
 - A companion resource to the Guide designed for point of care teams to use in daily care delivery

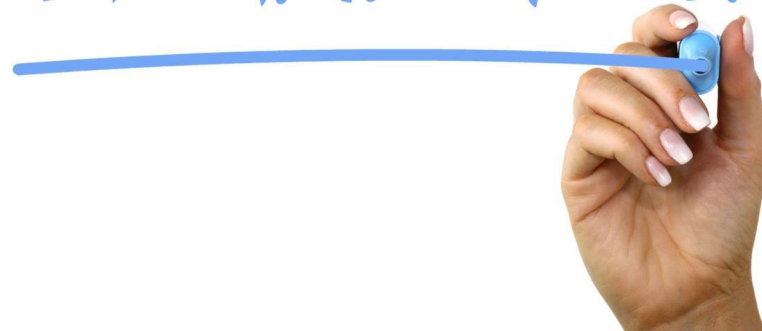
Join AHA Action Community 2024-2025

- Join and get your Age-Friendly Recognition. It's FREE
- AHA AFHS Action Community is from September 2024 – April 2025
 - Starts Mid-September with 2 Kick off Calls
 - Starting October
 - Monthly all-team webinars
 - Sharing testing and learnings on peer to peer calls
 - 1:1 coaching calls
 - Celebration of joining the movement!
- Download [AHA's Invitation Guide](#)
- Visit aha.org/agefriendly to learn more
- Email ahaactioncommunity@aha.org with any questions or to set up a 1:1 coaching call.

[Enroll Today](#)



THANK YOU





Questions? Stay in Touch!

www.aha.org/teamtraining

Email: teamtraining@aha.org • Phone: (312) 422-2609

