



# AHA LEADERSHIP EXPERIENCE

PLANTERS INN | CHARLESTON, SC

FEBRUARY 8-10, 2023

2-HOUR VIRTUAL CAPSTONE

MARCH 17, 2023

## The Challenge

The AHA Leadership Experience helps participants create a new professional strategy to offset the demands of the fast-paced healthcare environment, regaining control of what truly matters most in life and work.

## The Leadership Experience provides:

- Guided examination of current experience (life and work) revealing barriers, patterns and blind spots embedded in demands of work.
- Personal and professional insights informed by executive coaching team that inform authentic ways to influence an individual's future career and personal path.
- Tools to create a new foundation that facilitates greater satisfaction and life/work fulfillment.

## SIGN UP TODAY!

Early Bird Registration \$3,500 by Dec. 15<sup>th</sup>  
Registration \$5,000 for AHA Members

Visit : [aha.org/leadership-experiences](https://aha.org/leadership-experiences)  
to reserve your spot

## COURSE ROAD MAP

### STEP 1: READINESS

Preparation exercises, pre-course coaching session and virtual readiness conversation to prepare participants and maximize the experience.

### STEP 2: 3-DAY IMMERSION

Intensive and engaging group learning experience that guides participants through the creation of a new way to lead in their lives and careers.

### STEP 3: PRACTICAL APPLICATION

Real-world practice, tools and connection with fellow participants for support, encouragement and accountability.

### STEP 4: CAPSTONE SESSION

Two-hour virtual session reflecting on lessons learned along with coaching support to expand the experience into a life-long practice.





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*It was unique and life changing. The expert facilitation and seamless transitions led us through an amazing journey. I can honestly say this was the best experience of my professional career.”*

– Program Graduate



## NICHOLAS BEAMON

Nicholas Beamon specializes in organizational culture, building healthy and effective teams, and developing highly capable leaders. Nicholas brings 20 years of corporate banking experience to his consulting work. In his role as a senior vice president for a national bank, he was responsible for strategic development, execution of major business lines, executive recruiting strategy, and senior talent development.

Nicholas has a finance degree from the University of South Carolina and an MBA from the McColl School of Business at Queens University in Charlotte, NC. He is married with two sons. When he is not enjoying being immersed in his life's work, he spends a lot of his free time coaching on the baseball field.



## TOM JENIKE, M.D.

Tom Jenike, MD, is a family physician and serves as Senior Vice President and Chief Well-Being Officer for Novant Health.

As Chief Well-Being Officer, Dr. Jenike's responsibilities include the development and execution of a comprehensive and holistic system approach to well-being and resiliency. The driving premise is that in order to be world-class at caring for its patients, Novant Health must be world-class at caring for its people. In service of this goal, Tom has built and facilitates multiple leadership programs that emphasize resiliency, self-care and wellness. Under his leadership, Novant Health is nationally recognized as the thought leader in health care resiliency and burn-out prevention.

Dr. Jenike received his BA from the University of Colorado, Boulder and his medical degree from The Ohio State University. He is a Diplomat of the American Academy of Family Physicians.

He is married with two college-aged children. He enjoys reading, exercising and traveling. When not engaged in his passion of growing, developing and mentoring leaders, his favorite place is on the golf course with his son Jake and daughter Sophie.