

## 4) Strengthening the System of Care for Youth and Families

Heywood Healthcare

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### PROJECT DESCRIPTION

The School Based Care Coordination Program “SBCC” supports at-risk youth and families in two school districts staffed by 2 FTE School Based Care Coordinators and 3.5 FTE Clinical Social Workers. SBCC is embedded in the school culture and physical environment, and functions as an extension of the school’s guidance departments. SBCC provides hands-on care management for at-risk youth and families, onsite clinical counseling services, and referrals to community-based resources including healthcare providers and a host of community-based supports and services.

The SBCC increases access to behavioral health services, improves care coordination, addresses social determinants, and reduces crisis events.

### OUTCOMES ACHIEVED

SBCC has been operating since April 2014- August 2015. During this time the following outcomes were realized:

- 297 youth (ages 9 – 18) received on-site Mental Health Counseling, that otherwise likely would not have received any services
- Over 1,200 Counseling Sessions Held
- 262 Families received Community –Based Resource Assistance
- 700 Community-Based Referrals to include referral to Primary Care, insurance enrollment, food, clothing, fuel assistance, parent/ grandparent support, domestic violence services, community events, after-school and summer programs for youth

### LESSONS LEARNED

- Resource poor school districts are starving for services
- The interconnectedness between schools and healthcare is integral to health outcomes and academic success. There is a great opportunity for collaboration.
- Social Determinants must be addressed