



Mary Worthy, MS, LMFT

Mary Worthy received her undergraduate degree in Secondary Education from Wichita State University, a Certificate in Substance Abuse Treatment from East Carolina University, and a Master of Science in Family Therapy from Friends University in Wichita, Kansas. She began her work in behavioral health in 2002 working with public and private community agencies in Kansas, New York, and North Carolina. When she moved to Asheville, NC in 2005, it was right after the mental health system had been completely restructured. Where other communities faltered, she noted strong team work and collaboration amongst the community providers in Asheville. Desiring to be part of that collaboration, she joined the Mission Health System team in 2010. She is currently the Director of Behavioral Health Access for Mission Health System. Under her leadership, this department has expanded services beyond the Mission Hospital emergency department to provide behavioral health services to all 5 member hospitals and 7 ambulatory practices. In addition, her team is an integral part of the Behavioral Emergency Response Team which assists hospital medical units as they respond to patients experiencing behavioral crisis.